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| **Low Risk Apps**  **Low Risk Apps when used appropriately (with parental guidance) and can be safe and create an online brand to be proud of.** | **Medium Risk Apps**  **These Apps should only be used with parental guidance and involvement, and age restrictions should be stuck to. These apps can be good (and bad) for your students.** | **High Risk Apps**  **These Apps are used to hurt and exploit and encourage online engagement, with Often, these apps are anonymous and will encourage students to behave inappropriately.** | **Online Challenges**  **These are viral social media challenges that are popular with students on almost every social network.** |

**Skull Breaker Challenge Tik Tok. The challenge involves two people in on the prank standing on either side of a third person who does not know what is about to happen. All three people stand in a straight line and are told to jump in the air. The person in the middle, who is, again, not aware of the challenge, jumps believing the other two will jump as well, but what they do is kick inward to knock the middle person off their feet and onto their head. However, the Skull Breaker challenge — and dangerous social media stunts attempted by young kids — predate TikTok, but the popularity and speed of videos becoming ‘viral’ has seen an increase in this extremely dangerous craze.**

**Silhouette Challenge Tik Tok a trend on Tik Tok that puts a red filter on a video that darkens the user’s body while they dance or move to look like a silhouette** **Some users are recording the videos partially clothed or nude because they think their body is completely darkened with the red filter. The filter is applied to a user’s video using layering techniques and some hackers have found ways to remove the filter and see the original video. Some TikTok users have been able to undo the red filters.**

**Online Challenges & Online Validation**

**Online Challenges and Online Validation is also an area to be aware of. Online validation invariably involves online broadcasting using social media eg You Tube, Instagram, Tik Tok, Snapchat, Periscope and Badoo (there are others). Therefore parents, carers, professionals, and students should be informed in advance about the purpose and audience of any broadcast.**

**Benadryl Challenge. The Benadryl challenge encourages users to take excessive amounts of allergy medication with the hopes of hallucinating. If you find anyone who has overdosed on medication seek medical assistance immediately. Again this online challenge is only completed an online validation awarded when a video of the Benadryl challenge is uploaded to a streaming platform.**

**Condom Snorting Challenge is not unlike other dangerous dares that have swept social media, teenagers have been doing it - for years now. The challenge involves uncoiling a condom and stuffing it up one side of your nose, then plugging the other nostril and inhaling until the long piece of latex slides into your throat. Then what? You reach back and pull it from your mouth. The condom could easily get stuck in your nose or your throat, blocking your breathing or causing you to choke. The challenge is not only to do this once, but how many times can one individual complete this task, and now many in a minute, different challenges different dangers.**

**Momo Challenge is similar to the Blue Whale Challenge, the Momo Challenge is popular amongst teens and some young adults (10 – 16 year olds), however in many ways it is ‘age irrelevant’ as it preys on the vulnerable and those with ‘low’ self-esteem, hence the similarity to the Blue Whale Challenge. The challenge encourages students to contact an unknown person called ‘Momo’ via Whats App.** **Throughout the challenge, students are sent violent and graphic images and texts. If students want to stop the challenge “Momo” threatens to leak their personal information. Then, the stranger asks students to share photos and videos of themselves completing certain tasks. At first the tasks are small.**

**Blue Whale Challenge is a social media challenge that encourages children, teenagers & other users to perform specific tasks, over the course of 50 days, that are assigned to them by an anonymous “group administrator.” Many of the tasks include acts of self-harm, like urging players to cut themselves in the shape of a whale. Targeted at 10-14-year-olds, players are required to send photo evidence to their “group administrator” to prove that they have completed each specific task. The challenge is meant to harm students and slowly gets them to trust the game. The Blue Whale Challenge creates new opportunities for predators to target victims on social media.**

**Fire Challenge. The Fire Challenge is the latest dangerous social media fad to become popular with young users. Like many of the social media challenges we’ve seen before, the Fire Challenge encourages students to film themselves performing life threatening activities to participate. Young users who participate in the challenge cover part of their body with a fire accelerant and light it on fire. Kids have easy access to accelerants like nail polish remover, rubbing alcohol, or hand sanitizer. They will have a friend film themselves doing the stunt so they can post is to social media. Those participating in the challenge try to extinguish the flames before they incur serious burns. Many news reports show the challenge can easily escalate and turn life threatening**

**Shell On Challenge. Health experts warn parents about a new viral craze becoming popular over the internet where kids would eat various food items along with their wrappers. The "Shell On Challenge" urges teenagers to film themselves eating food including their plastic or cardboard packaging. They are then to post their videos on social media, particularly on Snapchat,** **people who participate in the Shell On Challenge are also at risk of choking on the materials the food packaging is made from.**

**to help entertain other like-minded youngsters.**

**Deodorant Challenge is the latest to worry parents, as kids who take part are seriously injuring themselves. The challenge is a test of endurance and involves spraying deodorant from an aerosol can directly onto a person’s bare skin. The aim is to see who can hold it there the longest. This is a very scary trend, because basically these children are committing chemical burns. Apparently one dermatologist expert announced that the force of the aerosol itself and the temperature change on the skin can potentially cause second- and third-degree burns.**

**Milk Crate Challenge. Participants stack plastic milk crates and see how high they can climb. While attempting the challenge, users have someone video their attempt and then post the video to social media, often with #milkcratechallenge so others can easily find their video. Most Milk Crate Challenge videos end in failure with the person falling**

**Cyber Banging is the creation of videos on Facebook, YouTube and Twitter by rival gang members, using it to endorse ‘gangs’ and where they come from and to threaten each other. The practice is called "cyber banging," and it's often led to fights and even death. Media and social media outlets nationally and internationally have reported this new phenomenon of gang affiliates using social media sites such as Twitter, Facebook, and YouTube to trade insults or make violence threats that lead to violence, victimisation, physical assaults, challenges and even murder.**

**Tik Tok Monthly Challenges. These monthly Tik Tok challenges include things like vandalizing property, exposing themselves to other students or physically assaulting staff members. September's challenge was vandalizing school bathrooms and October is to "smack a staff member". t all started with the viral ‘devious lick’ challenge which saw people stealing things, like toilet roll and soap dispensers, from school bathrooms. School, Teachers and parents must make themselves aware of these challenges.**

**Bathroom Vandalism Challenge the bathroom vandalism challenge on Tik Tok encourages students to cause destruction in their schools bathrooms & toilets. Schools across the UK are reacting and asking for help from parents and guardians to help stop this trend.**

**Swatting Challenges. Swatting is when someone makes a prank call to emergency services in an attempt to dispatch a large number of Law Enforcement officers to a school or unsuspecting victim at home..**

**Blackout Challenge. The tip top black add challenge involves teens choking themselves or holding their breath until they pass out and sharing videos of themselves doing this.**

**One Chip Challenge. The one chip challenge is a viral social media challenge in which participants must eat a chip made from the spiciest Peppers in the world.**

**No Budge Challenge. The No Budge walk challenge encourages social media users to record themselves walking through a busy area [like a school hallway] going in the opposite direction from others with the intention of bumping into other walkers (deliberately) which may cause injury.**

**Fire Challenge. The fire challenge is all about people lighting themselves on fire or letting friends ignite them whilst recording it for social media.**

**Chroming Challenge. the chroming challenge on TikTok is a dangerous social media trend. This challenge is a variation of the long standing practise of inhaling toxic chemical fumes to obtain an immediate short term high this challenge can have a lasting impact on one's health including a decrease in brain activity and even death.**

**Door Kick/Heart Beat Challenge. The door kick or heartbeat challenge encourages participants to kick unsuspecting peoples doors in school and at their home.**

**Chromebook Challenge. The Chrome book challenge is a destructive social media trend where children intentionally damaged their school issued Chromebooks by inserting metal objects like paper clips into USB ports to short circuit them. These acts are often filmed and posted on TikTok or and YouTube in hopes of gaining attention likes or followers.**

**One Chip Challenge. The One Chip Challenge is a viral social media challenge in which participants must eat a chip made from the spiciest Peppers in the world.**

**Kia Boys Tik Tok Challenge. The Kia Boys TikTok challenge involves stealing cars reckless driving and major consequences. This challenge is not solely about Kia cars but any car that boys or others may consider stealing. This challenge is filmed, videoed and then placed on social media platforms.**

**Whilst all these challenges are physical not technological, without the use of technology (mobile phones / tablets etc), the message could not be spread, therefore the online validation sought, the online badge of honour received, and the online motivation and justification for behaving this way would not be warranted or ‘go viral’.**