

Online Safety for Schools (Years 7-8)



What's Covered in 2025 and Beyond

Q Understand Devices

- Smartphones, Oculus, Horizon World, 18+ Games, VR & AI
- Social media is powerful Think before you Like, Post, Share, or Send.

Key Concepts

- Digital Permanence, Screen Time, Stranger Danger
- Your Digital Tattoo lasts forever build a positive one
- Be kind online 'It's only banter' doesn't mean it's okay there are consequences.
- Sexism, objectification, and bullying hurt online and offline.
- Respect protected characteristics it's the law.
- Technology vulnerabilities (GPS, servers, depersonalisation)
- Together for a Better Internet 'Your Internet, Your Choice'

↑ Risks & Realities

- Private chats and DMs can become toxic fast.
- Misogyny, InCel Culture, Online Pornography
- Understand the emotional impact of online actions.
- Challenge harmful stereotypes and promote kindness.

⚠ Tips

- Don't talk to strangers or accept unknown friend requests.
- Only play online games with true friends you know in real life.
- Set boundaries, take breaks, and include others.
- Use block and report tools when needed.
- Tell a trusted adult if something makes you uncomfortable.
- Real friends won't pressure you to do or share things online.
- Always ask permission and get parents involved.





